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# THE CURRENT STATE OF THE PROBLEM OF THE FORMATION OF STABILITY IN THE TEACHING PROFESSION

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**Abstract:** This article provides information that the proposed technology for developing the professional suitability of a future teacher is "implementing the curriculum in the process of teaching subjects, mainly in the specialty and pedagogical psychology category, training future teachers of sustainable activity in the profession, as well as about the existing state of the problem of working on such concepts as "resilience", "professional resilience", "professional resilience", "old age" and "professional endurance". Working on the concept for future teachers, conducting practical classes, recommendations for hanging a speech hero, independent use of mimic and pantomime movements, working with children, adapting them to school life in the process of educational and pedagogical practice, etc.

**Keywords:** stability, professional stability, future teacher, professional activity, consistency, diligence, professional endurance, pedagogy, activity, psychological and pedagogical function, emotional stability, new worldview, innovative approach.

## INTRODUCTION

Today there are institutes and universities focused on training teachers in educational institutions. In higher pedagogical education, the process of adaptation to education is carried out with the help of personnel serving future teachers, elements of the material base and many other tools. For example, future teachers need to work on concepts, perform practical exercises, increase the richness of speech, use mimic and pantomime movements in a timely manner, work with

children, and adapt to school life in the process of teaching and pedagogical practice.

The problem of student orientation towards sustainable careers is more complex and multifaceted. Scientific research on this problem goes back about three centuries. For example, Newton in 1686 demonstrated the stability of the usual movement of a pendulum in air and water.

Looking at the data, A.G. Frost, the term "adaptation" was first introduced in 1865 by the German physiologist Aubert into the scientific lexicon to describe the phenomenon of adaptation to external stimuli corresponding to emotions (external vision, hearing, etc.).

The last Latin "adapto" means adaptation, and the modern version "adapto" means "I adapt." In modern biology (Biological Dictionary online / Adaptation), adaptation is interpreted as the adaptation of the structure and functions of organs to the conditions of existence of living organisms.

S.Kh. Jalilova, F. Khaidarov. In the book "Professional Psychology" Khalilova gives the following concepts to these:

Professional development is the preparation of a person for vocational education in the process of choosing a profession, as well as developing in the process of professional activity.

Stages of professional development. Professional education is a heterochronous process, sometimes with a tendency to fall and jump. Disagreements and crises are introduced in accordance with the interrelation of factors of personal and professional development of a person. This process of individual completeness can be divided into stages related to the social situation and main activity. These include vocational training, vocational adaptation, initial and secondary vocational training, and vocational skills.

Types of professional development. The path and speed of professional development are determined by a group of factors. They can include age, individual psychological, vocational and socio-economic factors.

Professional development - this direction is determined by the enrichment of potential and important professional qualities by increasing the efficiency of labor activity.

The psychological aspect of professional development is psychological support and helping people in mastering destructive traditions of professional and personal development, creating conditions and opportunities, hard work for self-development and professional self-knowledge to solve various problems.

Professional identity means independent understanding of the psychological potential of the profession in relation to the content and requirements of professional activity, as well as the meaning of the work performed in a specific socio-economic situation.

An opportunity to take care of yourself professionally. In a person-centered productive professional activity, this is associated with constant self-transformation, self-realization of training and professional opportunities, the ability to manage professional life, overcoming destructive situations in professional development and career advancement.

Destruction of professionalization. Quantitative and qualitative changes in the process of professionalization are accompanied by the development and deformation of the personality.

Professional self-activation means acceleration of professional development by enhancing the strength of the individual, demonstrating excessive professional activity, as well as participation in various psychotechnologies, etc.

Professional socialization. The socialization of a profession is observed when entering a profession and engaging in it; that means to find one's own in a professional definition, to develop professional capabilities, to form a professional identity.

According to Ergash Gaziev, "Social adaptation is a process of constant active adaptation of a person to the social environment and the result of this process. Although social adaptation is continuous, it is usually associated with periods of

radical changes in a person's own activities and in the social circle that surrounds him or her. They came up with wise sayings and proverbs to follow, such as "A tree grows in one place." Concepts such as sustainability, occupational sustainability, teacher occupational sustainability, diligence and occupational sustainability need to be developed to teach future teachers to be resilient in their profession.

When we talk about stability, the object is not subject to vibration, it is constant and stable. One and the same object can be more stable than another, and less stable than a third.

Sustainability is a relative category that can only be assessed in comparison with other objects. Stability is the foundation that is laid to increase the external form of the internal structure of an object, its appearance, its resistance to the effects of various facts on the object itself. The concept of stability in philosophy is associated with the functioning of a certain system, stability is a specific feature of a process or event, its specific features do not always change, allowing them to be distinguished from others. ...

G. D. Zh. Sariev says that "the fate of a system depends entirely on a set of characteristics that are defined as a characteristic of stability."

In inanimate nature, structural static stability prevails, and resistance to external influences, capability of deformation and destruction, is interpreted as resistance.

The concept of "professional stability" of an individual was first introduced by K.K. Platonov in 1965 and he understood it as a personality trait reflecting the intensity, efficiency and stability of a professional direction. To fully understand the professional stability of K.K. Platonov proposed three models of the professional:

- 1) a normative model (state of health, temperament, moral qualities, etc.), based on documents, instructions, rules that clearly define the requirements for engaging in a particular activity;

- 2) an expert model based on the assessments of experts who know the profession well, including theoretical rules and practical experience of specialists;
- 3) the empirical model is "a simple average professional model that actually exists under certain conditions."

Thus, since the mid-1980s, the term "professional stability" began to acquire an independent status in pedagogy.

According to K.K. Platonov:

1. Plan compatibility. It focuses on biological, anatomical, physiological, mental characteristics. Physical disabilities; serious speech defects; obvious introversion, clear accentuation of character, emotional instability, and ext.
2. A preparatory plan for teaching. Pedagogical activity, ideological maturity of the individual, broaden systemic psychological and pedagogical competence;
3. Plan for inclusion in teaching activities. This includes active communication with other people, that is, pedagogical communication based on perceptual-reflexive, emotional-volitional, as well as communication and organizational skills, the development of professional skills in pedagogical techniques.

Some aspects of the teacher's professional stability were studied by A.A. Derkach, L.A., who studied the emotional state of students in the process of their pedagogical practice. This is reflected in the work of Shubina.E.A. Grishin, V.A. Slastenin, V.A. The Mazhars were also engaged in this aspect. In the study by Dimura "Socio-pedagogical conditions for the formation of professional resilience of young teachers" (based on the materials of rural schools), professional resilience is defined as an interdisciplinary concept, which means the measure of its actual and probabilistic duration.

The process of reading and analyzing the above literature led to the idea that the following approach of solving this problem is appropriate today.

- Orientation of future teachers to understand professional stability and the need for self-development;

- Implementation of the gradual development technology of professional stability in future teachers;
- to establish a diagnostic practice for the development of professional stability of a future teacher;
- Implementation of communicative and pedagogical interaction on the principles of teacher-student, colleagues, like-minded people;
- Using the most active teaching methods;
- Carrying out the introduction of future teachers to professional activities;

In the development of technologies for the development of professional sustainability of a future teacher:

)\* Establishing tolerant relationships with schoolchildren in teaching practice for future teachers;

\* Professional future teachers from the first year start developing resilience;

)\* The professional stability of the future teacher is in purposeful development

\* Creation of psychological and pedagogical conditions in the second and third years of course;

)\* The professional stability of future teachers

The emphasis was placed on the development of emotional resilience in development, with particular emphasis on promoting the formation of the necessary knowledge, skills and competencies.

Today in our country, along with modern education, it is necessary to approach the formation of life skills among students. In pursuance of the Resolution of the Cabinet of Ministers of the Republic of Uzbekistan dated April 14, 2021 No. 213 "On measures to further improvements of activities of the Chirchik State Pedagogical Institute of the Tashkent region", Order of the Minister of Higher and Secondary Specialized Education dated April 15, 2021 No. 183

To ensure the implementation of the Resolution of the Cabinet of Ministers of the Republic of Uzbekistan dated April 14, 2021 No. 213 "On measures to further

improvement of activities of the Chirchik State Pedagogical Institute in the Tashkent region" Today, our people see the results of radical reforms carried out in our country with the initiative of President, Shavkat Mirziyoyev. In particular, 5 important initiatives are being effectively implemented, aimed at attracting young people to culture, art, physical culture and sports, developing their skills in using information technologies, promoting reading everywhere and increasing the employment of women.

In order to introduce the essence of these reforms in our people, especially in the minds of the younger generation, a cultural and educational campaign is organized in all social spheres under the motto "New Uzbekistan - a new worldview".

Its importance in the education system is reflected in the following:

\* Curriculum, curriculum updates and educational process

Enrichment with ICTs

} Further enhancing the reputation of teachers and new educational institutions

} \* Granting independence to educational institutions and science

development

} \* Linking the school to the next stage of training and

Making teachers free from unnecessary paperwors

} \* Viewing the number of study loads, lessons and teachers'

material incentives, effective organization of recreations

} \* Rewarding school leaders and promoted teachers per year

for example, with vacation in the best sanatoriums at the expense of the trade union every two weeks.

It was explained to the students that such opportunities have been created, which will serve to ensure the professional stability of future teachers. A new approach to the teaching profession among students plays an important role in the formation of a new worldview. With this in mind, academic lyceums and technical

schools at institutes and universities play an important role in preparing students for teaching.

If pedagogical technoparks were created to further solve this problem, the issue of preparing children for pedagogical activity from an early age would have much better solutions.

Analysis of the literature indicates that the content and definitions of competence and a competent approach, as well as the professional qualities of a modern teacher, have been widely studied.

However, the system for diagnosing the process of forming the professional stability of future teachers in higher educational institutions, the content, form, methods and tools of an innovative approach to the formation of the professional stability of future teachers in the formation of professional stability have not been developed but sufficiently studied. The proposed technology for the development of the professional stability of the future teacher was implemented in the process of teaching the subjects of the curriculum, mainly the disciplines of the specialty and educational psychology.

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