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## PLATELET FUNCTIONAL ACTIVITY IN EARLY POSTMYOCARDIAL INFARCTION PERIOD

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### Cover Page Footnote

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## PLATELET FUNCTIONAL ACTIVITY IN EARLY POSTMYOCARDIAL INFARCTION PERIOD

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✓ *Resume*

*The blockade of angiotensin II by specific antagonists in acute period of myocardial infarction reduces content of plasma biomarkers.*

*The platelets playing key role in development of cardiac infarction and originated from megacariocytes also can be subjected to the effect of selective blockers of AT I - receptor. The effect of Valsartan aggregation parameters and activity of platelet phospholipase A<sub>2</sub> of patients with acute myocardial infarction was studied in the work.*

*Platelet aggregation was studied by Botn technique using adenosinediphosphate as inductor of aggregation in concentration of 0,5 - 5 mcM with step in 0,5 mcM. Activity of phospholipase A<sub>2</sub> was studied using Dole reagent and labeled 14C-phospholipids.*

*The obtained data show that an acute myocardial infarction is followed by high values of platelet aggregation activity. Activity of platelet phospholipase A<sub>2</sub> increase by the order and more in comparison with the values in donors normal platelets. Preferential hydrolysis of phosphatidylcholine is observed at comparison of two substrates L - 3 phosphatidylcholine and phosphatidylethanolamine.*

*Early therapy by Valsartan (in dose of 80 mg/day) leads to normalization of platelet aggregative functions and to reduction of activity of platelet phospholipase A<sub>2</sub>.*

*Keywords: valsartan, acute myocardial infarction, platelet, phospholipase A<sub>2</sub>*

## ФУНКЦИОНАЛЬНАЯ АКТИВНОСТЬ ТРОМБОЦИТОВ В РАННЕМ ПОСТИНФАРКТНОМ ПЕРИОДЕ

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✓ *Резюме*

*Блокада ангиотензина II (АТ II) специфическими антагонистами в остром периоде инфаркта миокарда снижает содержание плазменных биомаркеров.*

*Тромбоциты играют ключевую роль в развитии инфаркта миокарда и следовательно исследование блокаторов АТ I - рецепторов на агрегационные параметры и активность фосфолипазы А<sub>2</sub> тромбоцитов является актуальным. В работе изучено действие вальсартана на агрегацию и активность фосфолипазы тромбоцитов в раннем постинфарктном периоде.*

*Агрегацию изучали методом Ворн с использованием АДФ в качестве индуктора в концентрации 0,5-5 мкМ. Активность фосфолипазы изучали используя реагент Dole, субстраты - фосфолипиды.*

*Полученные данные показали, что острый инфаркт миокарда сопровождается высокими значениями агрегационной активности. Увеличивается активность фосфолипазы и изменяется субстратная специфичность фермента к фосфатидилхолину. Ранняя терапия вальсартаном нормализует эти параметры.*

*Ключевые слова: вальсартан, острое миокардиальное нарушение, пластинка, фосфолипаз А<sub>2</sub>.*

## ИНФАРКТДАН КЕЙИНГИ ИЛК ДАВРДА ТРОМБОЦИТЛАРНИНГ ФУНКЦИОНАЛ ФАОЛЛИГИ

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✓ *Резюме*

*Миокард инфарктнинг ўтқир даврида махсус антагонистлар билан II (АТ II) ангиотензинни блокада қилиш плазмали биомаркерларни камайтиради.*

*Тромбоцитлар миокард инфарктнинг ривожланишида муҳим роль ўйнайди ва бинобарин, АТ I - рецепторларнинг агрегацион ўлчамларини ҳамда тромбоцитларнинг А<sub>2</sub> фосфолипазаси фаоллигини ўрганиш долзарб аҳамият касб этади. Ишда вальсартаннинг агрегацияга таъсири ва инфарктдан кейинги илк даврда тромбоцитлар фосфолипазасининг фаоллиги ўрганилган.*

*Агрегация Ворн усулида индуктор сифатида 0,5-5 мкМ концентрациядаги АДФдан фойдаланилган ҳолда ўрганилди. Фосфолипазанинг фаоллиги эса Dole реагентидан, субстратлардан – фосфолипидлардан фойдаланган ҳолда ўрганилди.*

*Олинган маълумотлар ўтқир миокард инфаркти агрегацион фаоллик юқори бўлганда юз беришини кўрсатди. Фосфолипазанинг фаоллиги кучаяди ва ферментнинг фосфатидилхолинга субстрат ўзига хослиги ўзгаради. Вальсартан билан эрта даволаш бу кўрсаткичларни меъёрга солади.*

*Калит сўзлар: вальсартан, ўтқир миокардиал бузилиш, пластинка, фосфолипаз А<sub>2</sub>.*

The retrospective analysis of the clinic data shows that increase of platelet activity accompanied by high level of plasma biomarkers is observed at patients with an acute myocardial infarction (1). Local endocardial components of

rennin-angiotensin system makes considerable contribution in development of cardiac infarction and in its complications. The blockade of angiotensin II (All) in acute period of cardiac infarction leads to expressed reduction of content

of plasma biomarkers and to less enduring episodes of ventricular disturbance of heart rhythm. Therefore at the present the effects of antagonists All (valsartan, losortan) and captopril on forecast and mortality at acute myocardial infraction is estimated in study of VALIANT and OPTIMAAL (2-4). The platelets playing key role in development of cardiac infraction and originated from megacardiocytes also can be subjected to the effect of selective blockers of ATI - receptor. Notwithstanding that the blockers of AT 1-receptors are more effective at tissue level and platelets play role of the causal factor in development of cardiac infraction we have not found out the data about effects of selective antagonists on functional properties of plates in early postmyocardial infraction period In this connection the purpose of the present research was to study effects of valsartan VL - nonpeptide antagonist with molecular weight of 435,5 on aggregative activity (AAT) and activity of platelet phospholipase A<sub>2</sub> at patients in early postmyocardial infraction period.

### Materials and methods

32 men (aged  $54,3 \pm 3,6$  years) hospitalized in clinic within first two days of AM I without serious accompanying diseases (Diabetum among them) have been included to the study. The diagnosis "cardiac infraction" was determined in accordance with criteria of World Health Organization (5). The patients were treated by standard therapy for AMI. Valsartan was administered on 2d-3d day of AMI after stabilization of hemodynamics in a starting doze of 40 mg/day, arterial pressure 120/80 mm Hg. After 4-5 days of administration a doze of valsartan was brought to 80 mg/day in case of good acceptability. 9 healthy men (aged  $51,5 \pm 2,3$  years) composed the control group. General clinic physical examinations - electrical and echocardiography, the biochemical analysis of blood have been done for all patients. Platelet aggregation was studied by Born (6). Blood in plastic test tubes was stabilized with 0,13 M sodium citrate in the ratio 9:1 Plasma rich in platelet was obtained by centrifugation (200xg) within 7 minutes. Study was carried out during 2h since the moment of taking of blood. ADP (Sigma, USA) in concentration - 0,5-5 mcM with step of 0,5 mcM was used as inductor. The maximal amplitud was determined on the third minute after addition of ADP at concentration - 0,5 mcM and 5mcM.

Studies of platelet aggregation were out at healthy donors and patients before introduction of anticoagulant or in 6 hours after reperfusion therapies in day of hospitalization and after 3 weeks of hospitalization. Then studies of effect of valsartan ( $5 \cdot 10$  mol/1) on aggregative parameters of 5 10 mol/1 healthy subjects and patients were carried out. At statistical processing of the results t - Student criterion have been used. Platelet activity was normally determined in 6 hours after the basic infusion. Activity of PLA<sub>2</sub> in platelets was determined by the work (7).

### Efficiency of valsartan on platelet aggregation activity parameters in patients with AMI.

Variable	Donors	Patients with AMI		
		Before treatment	After treatment	P
V 0,5com.unit./min	0,67±0,07	2,11± 0,18	1,56± 0,15	P<0,05
A 0,5max. com. unit	0,97±0,09 2,3±4	2,48 ±0,24	1,39± 0,15	P< 0,05
A 5 max.com.unit AAT	0,22 2,27±0,24	2,98 ±0,32	2,49± 0,27	
		1,1± 0,09	2,04± 0,19	P< 0,001

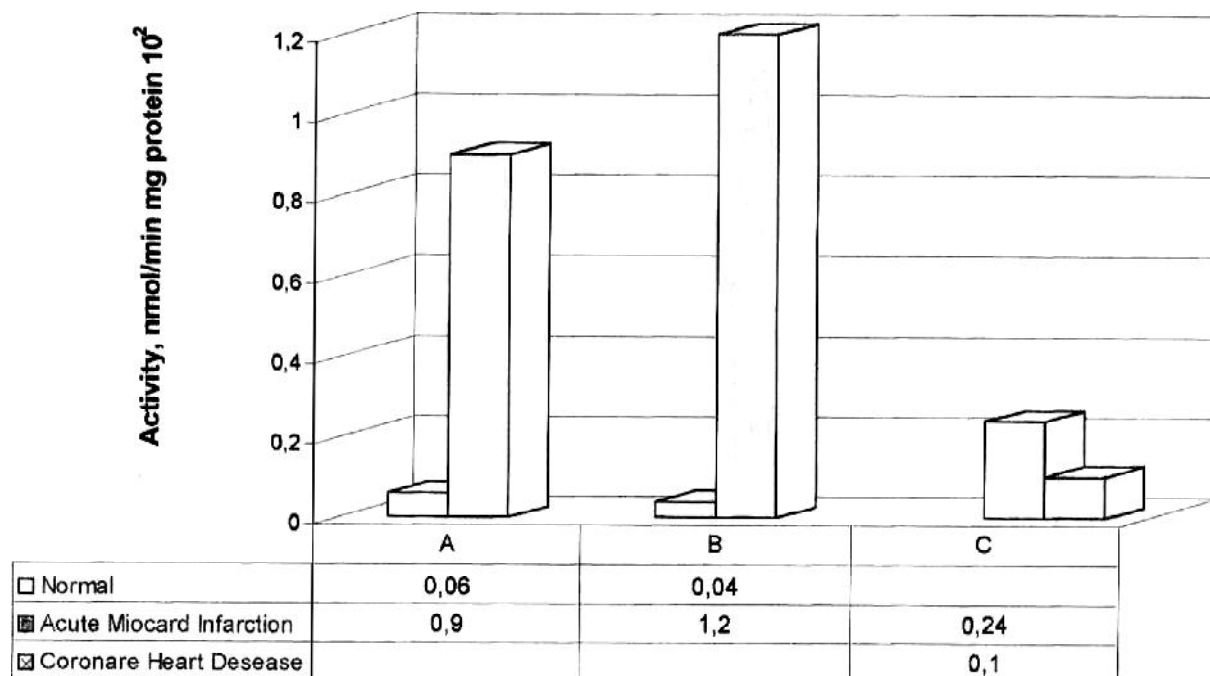
### Results and discussion

Study of A AT at patients with AMI has shown that 14 (44%) patients had low plates activity. Reduction of functional platelet activity can be connected both with administration of preparations (for example inhibitors of cyclooxygenase) and with insufficiency, an exhaustion of platelet functions in the given population of cells. The other patients - 18 (56%) had high functional platelet activity in comparison with normal parameters. In this connection a group of patients with high parameters of platelet aggregation was included to the study. Results represented in the table show that 3 week therapy by diovan causes improvement of plates functions which was shown in reduction of velocity of aggregation, amplitudes and in increase of AAT parameter.

Various antagonists of AA I - receptors inhibit platelet activity by antagonism (TxA<sub>2</sub>)/Pg H<sub>2</sub>- receptors and it is established that antiplatelet effect of AT I - antagonists does not depend on presence of not condensed imidasol in their chemical structure. Only high dozes of of valsartan (more than 5-10-6 mol/1) had ingibiting effect on platelet activity at donors in ours in vitro study. Other studies also have shown low efficiency of valsartan at studying of Tromboxan A<sub>2</sub> depended platelet activation (8-9). Nevertheless as it is seen from our data early valsartan therapy suppresses ADP - induced platelet aggregation.

As it is know high platelet aggregation condition is accompanied by the cascade of events where the basic place occupies increase of endocellular concentration of Ca(10-11).Multi phase increase of calevel in platelets causes activation of some enzymes and first of all those which participate in transduction an external signal.One of such enzymes is endocellular PLA<sub>2</sub> producing arachidonic acid - the predecessor of prostaglandins, leukotriens and the platelet activation factor. The increase in enzyme activity for the order (fig. 1) was revealed at study of PLA<sub>2</sub> activity in platelets of patients with AMI. Valsartan therapy has allowed to reduce values of PL A<sub>2</sub> activity in platelets of patients with AMI. Valsartan therapy has allowed to reduce values of PLA<sub>2</sub> activity to a level observable at ischemic heart disease. PLA<sub>2</sub> possesses high sensitivity to Ca and hence a level of cAMP, work of potential dependent Ca - channels and calmodulin make the contribution to increase of enzyme activity. As it follows from the received data (fig. 1) phosphatidylcholine fraction is preferentially hydrolysed at AMI, whereas phosphatidylethanolamines were mainly decomposed in norm at platelet activation. Changes of platelet functional condition at AMI as strengthening of aggregation are accompanied by increase in content of endocellular Ca, by infringement of regulation an a - aarenoreceptors, by increase of sensitivity to ADP, arachidonic.

Activity of PLA2 of platelets in a normal condition and in case of AMI



A. Substrate - L-3-phosphatidylethanolamine, 1- acil -2(1-<sup>14</sup>C)-linoline acid.

B, C. Substrate - L - 3 - phosphatidylcholine, 1 - palmitoile - 2 (1 -<sup>14</sup>C) - oleine acid.

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